

# MESS MENU & TIMINGS

	BREAKFAST	LUNCH	SNACKS	DINNER
	7:30 am. to 9:30 am	10:30 am to 3:00 pm Sundays: 11:00 am to 2:30 pm	4:30 pm to 6:30 pm	7:30 pm to 9:00 pm
<b>Mon</b>	<ul style="list-style-type: none"> <li>• Idli</li> <li>• Sambar</li> <li>• Vada</li> <li>• Coconut Chutney / Tomato Chutney</li> <li>• Chow chow / Ridge Gourd</li> <li>• Avial</li> </ul>	<ul style="list-style-type: none"> <li>• Kara Kozhambu</li> <li>• Rasam</li> <li>• Avial</li> <li>• Poriyal</li> <li>• Masala Vegetable</li> <li>• Appallam</li> <li>• Greens</li> <li>• Banana Stem Curry</li> </ul>	<ul style="list-style-type: none"> <li>• Cutlet</li> <li>• Tomato Sauce</li> <li>• Special Banana</li> </ul>	<ul style="list-style-type: none"> <li>• Chappatti</li> <li>• Chana Dal</li> <li>• Veg Gravy</li> <li>• Chicken Biryani</li> <li>• Raita</li> <li>• Egg</li> </ul>
<b>Tue</b>	<ul style="list-style-type: none"> <li>• Puri</li> <li>• Aloo Masala / Black Chana Gravy / Cabbage</li> <li>• Moong Dal Gravy</li> </ul>	<ul style="list-style-type: none"> <li>• Lemon Rice / Pudina Rice / Coriander Rice / Veg. Biryani</li> <li>• Rasam</li> <li>• Poriyal</li> <li>• Cheppankilangu/Arbi Fry</li> <li>• Masala Vegetable</li> </ul>	<ul style="list-style-type: none"> <li>• Bhelpuri</li> <li>• Banana</li> </ul>	<ul style="list-style-type: none"> <li>• Adai Dosa</li> <li>• Idiyappam</li> <li>• Parantha</li> <li>• Tomato Uthappam</li> <li>• Coconut Chutney</li> <li>• Veg. Gravy / Sambar</li> </ul>
<b>Wed</b>	<ul style="list-style-type: none"> <li>• Bread</li> <li>• Pav Bhaji Masala / Pongal Sambar</li> </ul>	<ul style="list-style-type: none"> <li>• Moru Kozhambu</li> <li>• Dal</li> <li>• Rice</li> <li>• Mandi (Chettinad Dish)</li> <li>• Masala vegetable</li> <li>• Chips</li> <li>• Rasam</li> <li>• Twice a Month: Chappatti, Gravy</li> </ul>	<ul style="list-style-type: none"> <li>• Masala Bonda</li> <li>• Tomato Chutney</li> <li>• Special Banana</li> <li>• Once a Month: Sweet Corn</li> </ul>	<ul style="list-style-type: none"> <li>• Dosa</li> <li>• Sambar</li> <li>• Coconut Chutney</li> <li>• Egg Curry</li> </ul>
<b>Thu</b>	<ul style="list-style-type: none"> <li>• Uthappam</li> <li>• Sambar / Onion Cabbage Uthappam / Brinjal Curry</li> </ul>	<ul style="list-style-type: none"> <li>• Tamarind Rice/Sambar Rice/Dal Rice</li> <li>• Rasam</li> <li>• Poriyal</li> <li>• Masala Vegetable</li> </ul>	<ul style="list-style-type: none"> <li>• Dry Groundnuts</li> <li>• White / Black Chana</li> <li>• Moong Dal Mix</li> <li>• Banana</li> </ul>	<ul style="list-style-type: none"> <li>• Chappatti</li> <li>• Chicken Gravy</li> <li>• Vegetable Gravy</li> </ul>
<b>Fri</b>	<ul style="list-style-type: none"> <li>• Wheat Rava Upma / Rava Pongal / Rava Upma / Khichdi</li> <li>• Vada</li> <li>• Coconut Chutney</li> <li>• Sambar</li> </ul>	<ul style="list-style-type: none"> <li>• Sambar</li> <li>• Rasam</li> <li>• Poriyal</li> <li>• Masala Vegetable</li> <li>• Appalam</li> </ul>	<ul style="list-style-type: none"> <li>• Bhajji/Bonda/Somas</li> <li>• Khara Chutney/Tomato Sauce</li> <li>• Gulab Jamun/Aadikozhu/Ukkara</li> </ul>	<ul style="list-style-type: none"> <li>• Idli</li> <li>• Tomato Gravy / Tomato Chutney / Coriander Chutney</li> </ul>
<b>Sat</b>	<ul style="list-style-type: none"> <li>• Bread</li> <li>• Pudina Chutney</li> <li>• Jam</li> <li>• Cucumber</li> <li>• Tomato Omelette</li> </ul>	<ul style="list-style-type: none"> <li>• Jeera Pulao</li> <li>• Poriyal / Raita</li> <li>• Tomato Rice</li> <li>• Masala Vegetable</li> <li>• Chips</li> </ul>	<ul style="list-style-type: none"> <li>• Maddur Vada</li> <li>• Sago Pakoda</li> <li>• Onion pakoda</li> <li>• Tomato Sauce</li> <li>• Banana</li> </ul>	<ul style="list-style-type: none"> <li>• Puri /Chappatti</li> <li>• Chole-puri</li> <li>• Aloo Gravy /Veg Gravy</li> </ul>
<b>Sun</b>	<ul style="list-style-type: none"> <li>• Dosa,</li> <li>• Sambar</li> <li>• Aloo Masala</li> </ul>	<ul style="list-style-type: none"> <li>• Sambar (Pakoda Kozhambu)</li> <li>• Salad / Poriyal</li> <li>• Masala Vegetable</li> <li>• Rasam</li> </ul>	<ul style="list-style-type: none"> <li>• Bread</li> <li>• Butter</li> <li>• Jam</li> </ul>	<ul style="list-style-type: none"> <li>• Noodles / Fried Rice / Curd Rice</li> <li>• Soya Rice</li> <li>• Tomato Sauce / Aloo Masala</li> <li>• Raita</li> </ul>
<b>Once a Month: Mushroom Biryani, Paneer Gravy, Ice Cream</b>				